

GUIDELINES

Kindergarten

<u>Subject</u>	<u>Minimum Minutes</u>
Total Group (calendar, weather Counting, exercises, etc)	40 Minutes/Day
Morning – Worktime/Centers (Language Arts, Music Mathematics, Art, Science/Health Safety, Social Studies)	100 Minutes/Day
Afternoon – Worktime/Centers (Language Arts, Music, Mathematics, Art, Science/Health Safety, Social Studies)	100 Minutes/Day
Rest Time	60 Minutes/Day (Flexible as Year Progresses)
Structured Physical Education/Enrichment	
Physical Education	120 Minutes/Week
Music	30 Minutes/Week
Art	30 Minutes/Week
Lunch/Recess/Beginning-Ending of Day	90 Minutes/Day

Grades 1-3

<u>Academic Core</u>	290 Minutes/Day	
Language Arts	160*	
Math	60*	
Science/Health	35*	
Social Studies	35*	
<u>Physical Education/Enrichment</u>	<u>Grade 1</u>	<u>Grade 2-3</u>
Physical Education	120 Minutes/Week	120 Minutes/Week
Music	30 Minutes/Week	40/45 Minutes/Week
Art	30 Minutes/Week	40/45 Minutes/Week
<u>Non-Instructional - Maximum</u>	85 Minutes/Day	
Lunch/Recess/Beginning & Ending of Day/Other		
TOTAL	420 Minutes/Day	

Grades 4-5

<u>Academic Core</u>	300 Minutes/Day	
Language Arts	120*	
Math	60*	
Science/Health	60*	
Social Studies	60*	
<u>Physical Education/Enrichment</u>		
Physical Education	120 Minutes/Week	
Music	40/45 Minutes/Week	
Art	40/45 Minutes/Week	
<u>Non-Instructional - Maximum</u>	75 Minutes/Day	
Lunch/Recess/Beginning & Ending of Day/Other		
TOTAL	420 Minutes/Day	

*Times are only guidelines. Schools have flexibility of time per subject within the academic block. Total minimum minutes must be met in Academic and Physical Education/Enrichment blocks.

Recognizing that a school community may at times desire to deviate from the approved program guidelines, the following procedure has been established.

- **A request must be made in writing to the Superintendent**
- **The proposal must include**
 - **Reason for request**
 - **How research supports proposal**
 - **How the proposal supports the school's beliefs and mission**
 - **Level of staff support for the proposal**
 - **Level of parental support for the proposal**
 - **How the plan will be evaluated**
 - **How the plan will be funded**

The plan will be reviewed on an annual basis.

Board Approved 3/26/02

