



# LHS Band Camp Information

## July 30-Aug 3



Lakeside High School Band Camp is quickly approaching! Here are a few reminders for parents and students as you prepare:

### Band Camp Dates and Times

The times below designate the time practice begins and ends each day. Students must be on the field, ready to play/march by 8:00AM or else they are considered late.

Football Band Camp	Monday-Friday	July 30-August 3	8:00AM-11:30PM
Competition Band Camp	Monday-Friday	July 30-August3	1:00PM-3:30PM

### Band Camp Dress Code

- ♪ Band camp is considered a Summer Course and all Columbia County Public School dress codes are enforced.
- ♪ Students should wear light colored shorts and shirts (cotton/cotton blend is best).
- ♪ No tank tops are allowed. Sneakers and socks required (NO SANDALS).
- ♪ Hats help to shade the face and cover the head.
- ♪ **SUNSCREEN** is advised.

### What to Bring to Band Camp

- ♪ Bring a water jug with cool water. We will have water available for refills.
- ♪ Bring your instrument!
- ♪ Bring your music. You will need it every day!

### Volunteering

Volunteers are greatly appreciated and needed by staff AND students! Duties include uniform fitting and distribution, providing water and snacks for students, providing lunch for the staff. If interested contact [lhsbandpresident@hotmail.com](mailto:lhsbandpresident@hotmail.com).

### Heat Index

Due to statewide and county policy changes in regards to heat index, you and your child will be asked to sign a form that will be sent home on the first day of band camp. Please understand that we will take every precaution to assure that your child is hydrated throughout the course of the practice. You can help us by getting your child acclimated to the weather. They need to be outside throughout the course of the day. It wouldn't be a bad idea to have them walk or jog a mile or so per day to prepare themselves. Please see that they drink plenty of water before and after practices to keep their system hydrated.