



# February 2010

## Columbia County Middle School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Breakfast Pizza or Cereal or Yogurt</p> <p>Popcorn Chicken/Roll Manager's Choice</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Mashed Potatoes</p> <p>Peas &amp; Carrots</p> <p>Fresh Fruit</p> <p>Fruit Cup</p> <p>Choice of Milk</p>	<p>2</p> <p>Ham/Cheese Croissant or Cereal or Yogurt</p> <p>Cheeseburger</p> <p>Deli Sub</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Potato Wedges</p> <p>Fresh Veges w/dip</p> <p>Applesauce</p> <p>Chocolate Chip Cookie</p> <p>Choice of Milk</p>	<p>3</p> <p>Cinnamon Roll or Cereal or Yogurt</p> <p>Hot Dog</p> <p>BBQ Sandwich</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Baked Potato Chips</p> <p>Baked Beans</p> <p>Cole Slaw</p> <p>Fresh Fruit</p> <p>Choice of Milk</p>	<p>4</p> <p>Chicken Biscuit or Cereal or Yogurt</p> <p>Roasted Turkey w/Gravy</p> <p>Chicken Nuggets w/Dip</p> <p>Fresh Baked Roll</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Seasoned Rice</p> <p>Green Beans</p> <p>Fruit Cup, Fruit Crisp</p> <p>Choice of Milk</p>	<p>5</p> <p>Scrambled Eggs or Cereal or Yogurt</p> <p>Cheese Pizza or Pepperoni Pizza</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Tater Tots</p> <p>Garden Salad</p> <p>Fruit Juice</p> <p>Fruit Cup</p> <p>Choice of Milk</p>
<p>8</p> <p>Sausage Biscuit or Cereal or Yogurt</p> <p>Mini Corndogs</p> <p>Hamburger</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Crinkle Cut Fries</p> <p>Fresh Veges w/Dip</p> <p>Chilled Peaches</p> <p>Fresh Fruit</p> <p>Choice of Milk</p>	<p>9</p> <p>French Toast Sticks or Cereal or Yogurt</p> <p>Cheese Steak Sub</p> <p>Chicken Nuggets/Roll</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Mashed Potatoes</p> <p>Fresh Fruit, Fruit Cup</p> <p>Peanut Butter Cookie</p> <p>Choice of Milk</p>	<p>10</p> <p>Chicken Biscuit or Cereal or Yogurt</p> <p>Soft or Crunchy Taco</p> <p>Chicken Sandwich</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Potato Wedges</p> <p>Steamed Corn</p> <p>Fresh Fruit</p> <p>Cinnamon Roll</p> <p>Choice of Milk</p>	<p>11</p> <p>Flapstick or Cereal or Yogurt</p> <p><b>Early Release Day</b></p> <p>Sack Lunch</p>	<p>12</p> <p><b>Winter Holiday</b></p>
<p>15</p> <p><b>Winter Holiday</b></p>	<p>16</p> <p><b>Winter Holiday</b></p>	<p>17</p> <p>Cinnamon Roll or Cereal or Yogurt</p> <p>Chicken Rings w/Roll</p> <p>Fish Sandwich</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Mashed Potatoes</p> <p>Steamed Peas</p> <p>Fruit Cocktail</p> <p>Rice Krispie Treat</p> <p>Choice of Milk</p>	<p>18</p> <p>Chicken Biscuit or Cereal or Yogurt</p> <p>Rotini w/Meat Sauce</p> <p>Garlic Breadstick</p> <p>Deli Roll Up</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Italian Green Beans</p> <p>Garden Salad</p> <p>Fruit, Carnival Cookie</p> <p>Choice of Milk</p>	<p>19</p> <p>Scrambled Eggs or Cereal or Yogurt</p> <p>Cheese Pizza or Pepperoni Pizza</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Crinkle Cut Fries</p> <p>Steamed Corn</p> <p>Fruit Juice</p> <p>Chilled Fruit Cup</p> <p>Choice of Milk</p>
<p>22</p> <p>Sausage Biscuit or Cereal or Yogurt</p> <p>Popcorn Chicken/Roll Manager's Choice</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Mashed Potatoes</p> <p>Peas &amp; Carrots</p> <p>Fresh Fruit</p> <p>Fruit Cup</p> <p>Choice of Milk</p>	<p>23</p> <p>French Toast Sticks or Cereal or Yogurt</p> <p>Cheeseburger</p> <p>Deli Sub</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Potato Wedges</p> <p>Fresh Veges w/dip</p> <p>Applesauce</p> <p>Chocolate Chip Cookie</p> <p>Choice of Milk</p>	<p>24</p> <p>Chicken Biscuit or Cereal or Yogurt</p> <p>Hot Dog</p> <p>BBQ Sandwich</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Baked Potato Chips</p> <p>Baked Beans</p> <p>Cole Slaw</p> <p>Fresh Fruit</p> <p>Choice of Milk</p>	<p>25</p> <p>Flapstick or Cereal or Yogurt</p> <p>Chicken Fajitas</p> <p>Chicken Nuggets w/Roll</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Spanish Rice</p> <p>Steamed Corn</p> <p>Fruit Cup</p> <p>Fruit Crisp</p> <p>Choice of Milk</p>	<p>26</p> <p>Scrambled Eggs or Cereal or Yogurt</p> <p>Cheese Pizza or Pepperoni Pizza</p> <p>Texas Grilled Cheese</p> <p>Triple Decker PB&amp;J</p> <p>Tater Tots</p> <p>Garden Salad</p> <p>Fruit Juice</p> <p>Fruit Cup</p> <p>Choice of Milk</p>